

OCTOBER 2024

CAP  
1215



# KEN'S RETROSPECTIVE CHALLENGE

*Support Ken as he cycles round Scotland visiting 76 rugby grounds where he played during his career.*

**KEN WILL BE VISITING ABERDEEN GRAMMAR RUGBY ON:**

**THURSDAY 17TH OCTOBER**

Arriving approx 5.30pm at Rubislaw Pavilion



Raising money for



Murrayfield Injured Players Foundation

Fundraising in support of

**MY NAME'S DODDIE** foundation

In aid of  
**Chest Heart & Stroke Scotland**



**DONATE**



SCAN ME



**INSTAGRAM**



<https://donate.giveasyoulive.com/fundraising/kens-retrospective-challenge>

Follow Ken's journey:  
**@cap\_1215\_ken\_macaulay**